

RACE DAY PLANNER

<https://jesstrailrunning.wordpress.com>

Race Name: _____

Date: _____

Timeline/ Segment	Time Split #1	Time Split #2	Time Split #3	Notes	Target time	Actual time
Wake up at						
Leave Home by						
Travel time						
Arrive, no earlier than						
Check in by						
Start time						
Segment #1						

I hope you *crush* your race! If you like this Race Day Planner, please share with a friend and leave this note on the sheet. Find more running forms at <https://jesstrailrunning.wordpress.com>. Jesse P. Luna